

BUZZ WORD

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Share

Activity Book



Bringing the BUZZ to You!

The Buzzword partners designed this kit to inspire your family to keep learning together. We chose activities that build on your child's natural curiosity, encouraging a growing vocabulary and a deeper engagement with books.

So, who's ready to unbox the BUZZ! First, read through **"My Food, Your Food, Our Food"** written by **Emma Carlson Berne**, with your child. Then, go through the different activities, experiments, and ideas together, taking time to explain the meaning of the words and connecting them to your child's real-life experiences.

Research Says

From birth to age five years, young children's brains are rapidly developing. During this time, little ones are more open to learning and becoming inspired. Talking with a child helps increase vocabulary development and communication skills needed throughout life.

A child's early vocabulary skills grow in real-life settings through positive interactions and conversations about the world.

SHARE Book Recommendations from Carnegie Library of Pittsburgh!

Making connections through shared experiences, like food, songs, and traditions can help children better understand the world around them. Real life connections can be lots of fun, but it's also possible (and easy!) to meet new people in the pages of a book.

Check out these titles to begin your explorations. <https://bit.ly/3CTuZqR>.

Fry Bread: A Native American Family Story by Kevin Noble Maillard

Halal Hot Dogs by Susannah Aziz

The Last Marshmallow by Grace Lin

Soul Food Sunday by Winsome Bingham

¡Vamos! Let's Go Eat by Raúl the Third

When Grandma Gives You a Lemon Tree by Jamie L.B. Deenihan

Personalized Recommendations

Looking for a good book, album, movie, or TV show? CLP is happy to recommend them to you! Use this Personalized Recommendations form to send a CLP librarian some information about what you like and they'll curate a list just for you.

carnegielibrary.org/match

SHARE Book Recommendations from Buzzword!

The Buzzword Collaborative develops a **supporting list of books** that captures the feeling and meaning of that box's Buzzword. With so many fun, educational books out there, it's hard to include them all in one box.

Here are a few books on our Buzzword, SHARE, that you can find online or at your local library:

The Sun is a Shine by Leslie A. Davidson

Say Hello! by Rachel Isadora

Same, Same but Different by Jenny Sue Kostecki-Shaw

My City Speaks by Darren Lebeuf

Our Favorite Day of the Year by A.E. Ali

My Food, Your Food, Our Food
by Emma Carlson Berne



SHARE Your Plate

Food gives our bodies energy and we need energy to do everything we love, like running, building a puzzle, or reading a story. We need food to grow, too! People use food to connect with each other through sharing and conversation. Each culture has different foods, and we can learn about cultures and people by sharing and eating foods together.

There are so many incredible foods to eat that grow all around our planet, Earth! With this activity, you'll make different plates with different foods.

Materials: Two (2) plates with attached Velcro stickers, pictures of different foods

Step 1: Can you make a plate of your favorite foods by sticking the food pictures to a Velcro spot on your plate? Your favorite(s) might be different from your friends!

Step 2: Can you make the same plate of food items again on the second plate to SHARE with a friend? SHARE: "These are my favorite foods!"

Step 3: Can you make a plate full of fruits? Can you make a plate full of vegetables to SHARE with a friend?

Step 4: Can you fill your plate with foods that start with the letter "F"?

Don't forget to make a plate to SHARE with a friend!

Foods We SHARE Match Game

Across the world, there are many foods that are similar, but different. One food that many cultures SHARE is a dumpling. A dumpling is a small savory ball of dough, often containing a filling, which may be boiled, fried, or baked. Some may be small and some may be larger.

With this activity, play a matching game to explore these different foods!

Materials: Two (2) sheets of “Dumplings Cards”, scissors (included; caregiver supervision required)
Optional: crayons or markers

Step 1: Using scissors, cut cards along the lines. (If you choose to color your cards, it may be easier to do before you cut them apart.)

Step 2: Place cards face down on a table or floor in front of you.

Step 3: Flip over 2 cards to try to find a match. Remove the cards if they match. Flip the cards back over if they do not match. Continue until you match all the cards.

Extension Activity: Have a dumpling discussion! Have you tried any of these food items? Would you try any of these dumplings? What are your favorite food items to SHARE?



Hand Puppets

SHARE Stories!

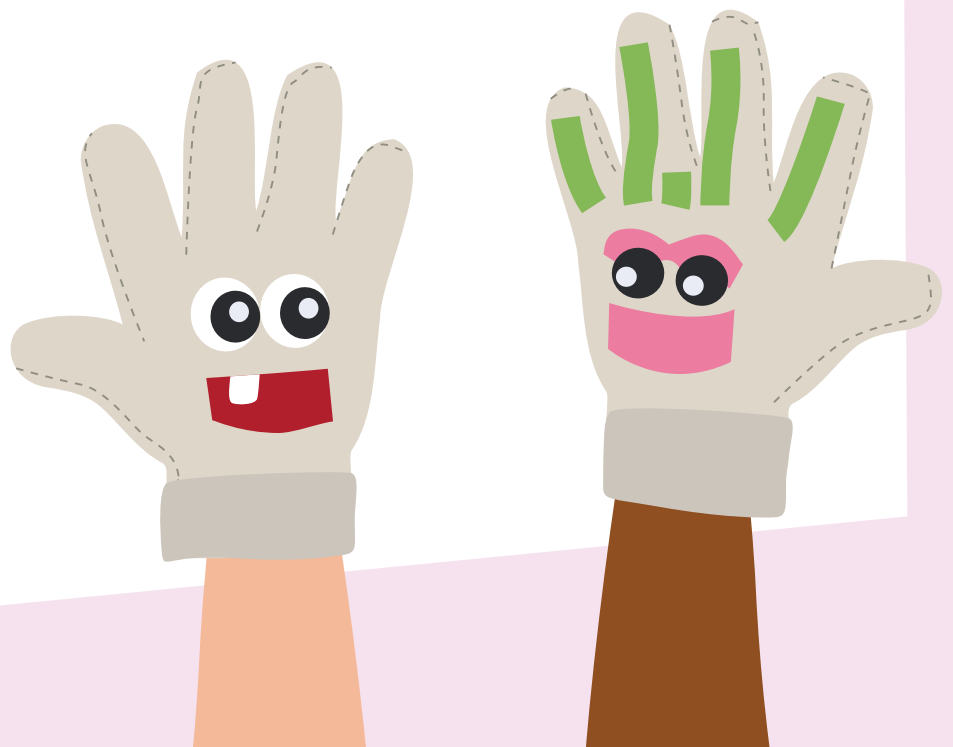
Materials: Canvas puppet, markers

Step 1: Find the canvas glove and two markers in the BUZZ Box.

Step 2: Put on the canvas glove. Use the markers with caregiver supervision to draw a different character on each side of the glove. You can make people, animals, monsters, fairies, or whatever you want!

Step 3: Go through each character and SHARE that character's story! Talk about where they are from, what they like to eat, how they like to play, or what they may celebrate. Use your creativity to SHARE these different characters' stories with your caregiver or someone around you!

Step 4: Ask the friend or family you are with to SHARE their answers to the questions you answered for your characters! Listen carefully to the different ways each person answers the questions.



We Can All SHARE More...

Our friends from Pittsburgh Ballet Theatre want to share a dance with you! You can find the song that you will dance to in the back of the book "My Food, Your Food, Our Food". There is also a video from PBT in the link below.

Materials: SHARE dance video (link and QR code included), Space to SHARE your favorite dance moves

Step 1: Put on the video and follow along to dance your heart out.

Step 2: Talk about and SHARE your favorite dance moves with your friends, family or caregiver(s)!

Find the SHARE dance video here (<https://bit.ly/3Wzkb8i>), or use the QR Code below



PITTSBURGH BALLET THEATRE

Still Life SHARE Collage

A still life is a painting or drawing of real-life things, like food in a bowl. We can SHARE a bowl of fruit with others. For this activity, you are going to SHARE art supplies with your caregiver and create a still life collage using grocery store ads to SHARE the types of foods that you like to eat.

Materials: Two (2) pieces of construction paper of different colors, grocery store ads, glue stick, scissors (included; caregiver supervision required)

Step 1: Read “My Food, Your Food, Our Food” by Emma Carlson Berne with your caregiver and point to people who sit together to SHARE a meal.

Step 2: Choose one piece of construction paper to be the background of your still life. Use the other piece of construction paper to cut a half circle to make a bowl.

Step 3: Look through ads for grocery stores to find large pictures of fruits and vegetables. Cut them out.

Step 4: Arrange the fruits and vegetables in a way you like and SHARE the glue stick with your caregiver, taking turns gluing down the pictures in the bowl.

Extension Activity: On a paper plate (not included), create a meal out of other pictures of food. Can you make a meal with foods that are all one color? What about a meal with a whole rainbow? Find pictures of foods that are red, orange, yellow, green, blue, and purple!

SHARE Your Song: Kazoo Copycats

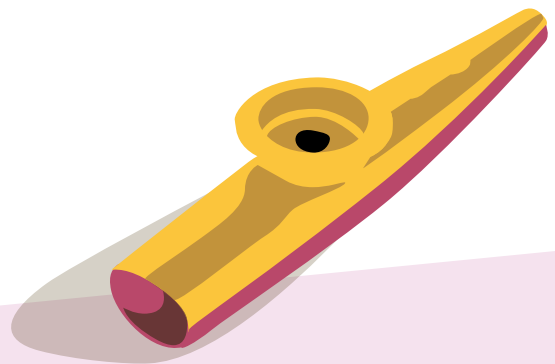
One of the most popular ways people SHARE music around the world is by listening to it and repeating the sounds. Before music was written down, people learned songs this way. You can create a song and share it, too!

Materials: Four (4) kazoos* (* If there are more than 4 participants, some participants may use their voice or hum through a straw for this activity)

- Step 1:** Sit in a circle together. One person will start the game by making up a short tune on their kazoo.
- Step 2:** The person sitting next to them to the right will listen closely to the tune being played.
- Step 3:** That person will then try to repeat what they heard on their own kazoo. Each person gets a chance to repeat the song until everyone in the circle has had a turn.
- Step 4:** Then, everyone plays the tune together all at the same time!

How did it sound together? Did everyone play the same thing?

Think about what songs YOU have learned by listening. Can you hear a song on the radio and hum along? What songs do you hear around you at school, at a place of worship, or at home?



SHARE Your Nature and Become a Birder

Birding is a nature culture where people go out to look for birds. We are going to try birding, but we are going to SHARE with the birds by feeding them. So it's time to make bird feeders! There are several different ways you can make it.

To get creative, we will use common objects such as a paper roll or a pine cone to make your bird feeder.

Materials: Bird seed, string, paper roll or dried bagel

Step 1: Tie the string to your dried bagel, paper roll or other object.

Step 2: Coat the object with peanut butter or Crisco.

Step 3: Roll your object in the bird seed.

Step 4: Gently shake off any extra seeds into a bowl or container.

Step 5: Go outside and hang your bird feeder! Place your bird feeder close by a window or doorway so that you can keep an eye on it and become a "Birder" too!



Who Are We?

Buzzword Pittsburgh excites children and families as they experience the words that are all around them. Through talk and play that incorporates math, science, and art, young children will expand their vocabularies and conversation skills. The program engages families and community organizations throughout Allegheny County.

The Buzzword Pittsburgh collaborative consists of partner organizations with expertise in the arts and sciences and local family centers. These partners provide interactive learning opportunities that encourage imagination, investigation, creation, and reflection. Buzzword Pittsburgh is supported by PNC Grow Up Great® and the Allegheny County Department of Human Services.

Partner Organizations:



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